

# Dr. Michael Carr-Gregg

Grade 6s parents and guardians are invited to join an exciting and interactive online session, and hear Dr. Michael Carr-Gregg talk about the "Ten Most Important Things You Should Tell Your Children to Build Resilience and Happiness."

Dr Michael Carr-Gregg is one of Australia's highest profile psychologists, author, broadcaster and specialist in parenting, children, adolescents and mental health. Michael will be sharing about the latest news from the science of positive psychology applied to bringing up children and teenagers.

## WHEN

Wednesday, 11 November  
7pm - 8pm (Log on time 6.45pm)  
60 minute session incl. Q&A

## COST

100% Free!  
Book now and go in the draw to win a prize!

## WHERE

Online Forum  
Link provided upon registration

## RSVP

Phone 9747 5373 or email  
[YoungCommunities@melton.vic.gov.au](mailto:YoungCommunities@melton.vic.gov.au)

To find out more information or get in touch with us please visit  
[melton.vic.gov.au/youngcommunities](http://melton.vic.gov.au/youngcommunities) or  
<https://www.facebook.com/cityofmeltonyoungcommunities/>

