## Mental Health First Aid Course

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## Zonta Club of Melton Inc.

Mental Health First Aid (MHFA) is an evidence-based course that teaches community members how to provide a helpful and supportive initial response to someone experiencing a mental health problem or in a mental health crisis

Costs: \$60.00 (includes Morning Tea, Lunch and Afternoon Tea)

2 Days Training: Saturday 19th August and Saturday 26th August 2023

9:00 a.m. - 4:00 p.m.

Venue: Melton Country Club

28-30 Reserve Road

Melton 3337

Bookings: Please email Jane at <u>janemargy@gmail.com</u> for registration. You

will be invoiced by return email and all payments must be received

by 1st August.

Note that numbers are limited to 22 attendees.



