

THERE'S MORE TO SAY AFTER RUOK?™

If someone says they're not OK it's important to keep the conversation going.

What would you say next? Put your response in the speech bubbles.

How are you going?



I'm so stressed, trying to cram for exams



[Empty speech bubble]



RUOK?



I've had a terrible day



[Empty speech bubble]



Learn what to say at ruok.org.au
A conversation could change a life