## Megan Baselmans, DUX 2019

My name is Megan Baselmans and I am addressing you as the academic DUX of 2019.

CRC constantly provides a range of opportunities for their students; including sporting, the arts and leadership. I have been involved in many of these activities and believe it has enriched my high school experience. It helped me build a positive association with school and therefore improved my classroom performance.

During Year 12, I found it very important to look after both my physical and mental health to ensure I was at my best. This then had a positive flow on effect to my academics and also made my year much more enjoyable.

In Year 12 I balanced my life by working three nights a week and also enjoying some time out with friends. Whilst school was always the priority, I saw taking breaks as crucial to prevent burning out.

It is important to enjoy every moment as it comes. In Year 12, you don't realise when some moments are the last that you will share with your cohort of 6 years. Even through the hard and stressful times, try to always see the positives and the light at the end of the tunnel.

Remember the importance of kindness as it helps to build positive relationships with your friends, families and teachers. This will be extremely helpful on your way to success.

CRC has incredible teachers who just want to help you however they can. Try to work with them to achieve your goals.

I would like to give a huge thanks to all the staff for their support over the last 6 years, especially to Ms Wright, Ms Lock and my year 12 teachers. Also, a big thanks to my family, especially my mum and dad. You have all dealt with my stress and moods during Year 12 and helped me through the year to eventually find success. I couldn't have done it without you so thank you.

This year I will be commencing my Bachelor of Science degree at the University of Melbourne and I am looking forward to finding out what it has to offer and for the challenges still to come.

A final reminder that hard work, dedication and commitment pays off. Aim as high as possible so you can achieve as high as possible and watch as the success follows you.

Thank you